



# CURVES AHEAD.

THE ULTIMATE SYMBOL OF FEMININITY,  
BREASTS ARE BENEFITING FROM NEW  
LEVELS OF TECHNOLOGY WHICH TURN  
SURGICAL PROCEDURES INTO A FINE ART.

For many women considering the shape of their chest, it's not so much about breast enlargement, as breast *enhancement*. This type of surgery has evolved significantly over the past few years, says Dr Steven Liew, a specialist in this procedure at his practice, plasticsurgery. These days, there's an extraordinary choice of breast implants available, and the quality of silicone gel implants has vastly improved. "There's a wide range of different sizes and shapes of implants, so the surgery can be individually tailored to suit different breast shapes, sizes and forms, as well as a woman's other physical attributes," says Dr Liew. A fully trained plastic surgeon, Dr Liew emphasises the artistry needed to tailor the ideal breast shape for each individual woman. "If properly performed," he says, "breast enlargement surgery not only makes the breasts fuller and beautiful, it should also provide a more harmonious and attractive balance to complement the whole body."

**THE PROCEDURE** "The patients are encouraged to make as many pre-surgical consultations as required to discuss their needs, concerns and expectations. This in turn reinforces the doctor-patient rapport, which is absolutely essential in any cosmetic procedure," says Dr Liew. The surgery is normally performed as a day procedure and usually takes up to two hours. A strategically positioned short incision is placed either beneath the breast, in the armpit or around the areola and when healed, it is almost invisible in most cases. The implants are then placed in a chosen plane, either beneath or on top of the chest muscle. "It generally does not interfere with breastfeeding," Dr Liew says.

**THE TIMING** Most of the discomfort of the surgery is easily managed with oral analgesia. It normally lasts for a week, during which the bruising and swelling tend to subside. Patients are encouraged to resume normal non-strenuous activity within the first four weeks, while wearing a sports bra for support and comfort. Depending on job requirements, most patients can return to normal duties after just seven to 10 days.

**THE RESULTS** Well-planned and well-executed breast enhancement surgery should beautify the breasts, creating a consistent, natural looking shape that also complements the body. Of course, the other great reward, aside from a whole new excuse to buy fabulous lingerie: the new sense of voluptuousness and femininity usually boosts confidence in ways that extend well beyond body image. "Most women find their new curves give them a greater sense of confidence, both at work and play," Dr Liew says.

"If properly performed, surgery not only makes the breasts fuller and beautiful, it should also provide a more harmonious balance to the whole body."

DR STEVEN LIEW, MBBS (SYD) FRACS  
PLASTICSURGERY PTY LTD,  
701/438 VICTORIA STREET, DARLINGHURST  
TEL (612) 8382 6738  
info@plastic-surgery.com.au

www.plastic-surgery.com.au